

It's not important who does the planting, or who does the watering. What's important is that God makes the seed grow.

~ 1 Corinthians 3:7

VOLUME 2
FALL/WINTER
ISSUE 7-8

HICKORY GREENWAY *Harvest* Newsletter

Our Vision

Hickory Greenway Harvest

We work to facilitate a cooperative effort of multiple organizations in order to provide fresh-grown produce and feed the less fortunate of our community; to provide educational opportunities that demonstrate the art of cultivating the land for agricultural use; and to develop a grassroots campaign that brings the community together to foster sustainable support for our fellow citizens.



Scan To Learn More About Our Story



Cultivating A Caring Community Through Lasting Partnerships

CAROLINA
GLOVE & SAFETY COMPANY



Hickory Greenway Harvest had a Fundraiser in November at the Conover Farmers Holiday Market. Thanks to all for supporting our cause in the community.



FINANCE ✓ SPONSOR SPONSOR SHARE ***
SPONSOR MONEY PHILANTHROPY AID INVESTMENT
PROJECT DONATION GIVING HELP CHARITY - *** CONTRIBUTION
INVESTMENT SUPPORT
★ INVESTMENT ★ INVESTMENT ★ INVESTMENT

FUNDRAISING

TEACH GIVE DONATE
VOLUNTEER

Want to join me in supporting a good cause? I'm raising money for Hickory Greenway Harvest and your contribution will make an impact, whether you donate \$5 or \$500. Every little bit helps. This money goes to maintaining the 30 Raised Garden Beds, HGH Farm, Veterans Farm and Habitat for Humanity Garden Beds in the Community. These funds pay for fertilizer, compost, tools, equipment, plants, seeds, lumber for beds, etc. Help us help others! Thank you for your support.

Fundraiser for Hickory Greenway Harvest Inc
Fundraiser for Hickory Greenway Harvest Inc by Renee Abernethy-Miller

Donate Now!

Click on Button



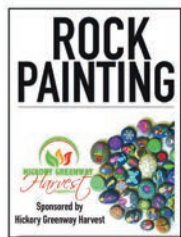
What's Happening in Events



Hickory Greenway Harvest Volunteers
For Samaritans Feet Event at Hickory Soup Kitchen
October 2018



Sponsored by
Hickory Greenway Harvest



Sponsored by
Hickory Greenway Harvest



Sponsored by
Hickory Greenway Harvest

The 8th Annual Samaritan's Feet Shoes of Hope Distribution.
Over 6000 pairs of shoes have been distributed by our
Hickory and Arkansas associates.
This is a day filled with fun, food smiles and a message
of hope for many in the community.



SAMARITAN'S FEET

Where: Hickory Soup Kitchen
When: Saturday October 13th from 10:00AM - 2:00PM EST.



HGH Inspirational Rocks



Come Join Us Today
and Paint a Rock!
8:30 a.m. to Noon



Instructor - Kathy Tiffie
(HGH Board Member)
Rock Painting inspired by her Grandma Lavane



Sponsored by
Hickory Greenway Harvest



HGH had a great turnout of young and old at the Conover Farmers Market.



Community Service Fair was a success for HGH at Lenior-Rhyne University. We met so many LR students who talked to us about internship with HGH.

*You are giving
a gift when you
volunteer.*

SALT Block Garden NEWS



New addition to the SALT Block garden area.



Teamwork!

The guys at GKN Sinter Metals made the corner brackets for HGH SALT Block beds. Go by and see the HGH and GKN design. Thanks for your Partnership and for believing in HGH.

Can You Guess This Plant!

If you can't guess the plant, go to our website <https://www.hickorygreenwayharvest.org>, and click on Education/Guess This Plant.

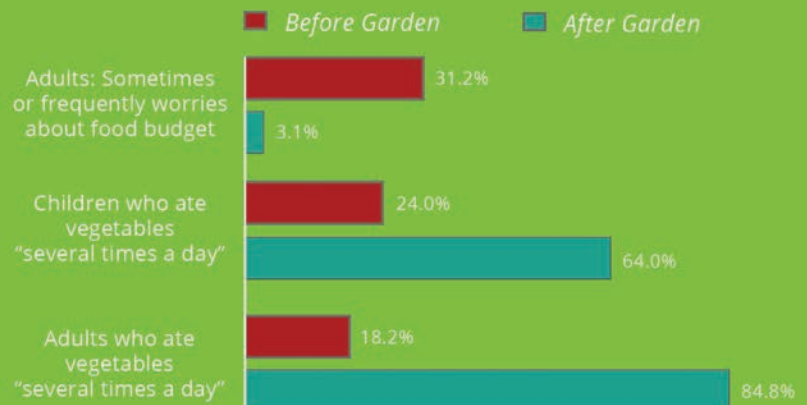


ALL ABOUT COMMUNITY GARDENS

Health, wellness, and community in affordable housing

COMMUNITY GARDENS INCREASE PRODUCE CONSUMPTION

Community gardens increase produce consumption through supply and exposure: both bringing fresh produce directly to consumers, and improving knowledge, options, and preferences:



Neighbor
Connections

Mutual
Trust

Collective
decisions

Reciprocity
and sharing

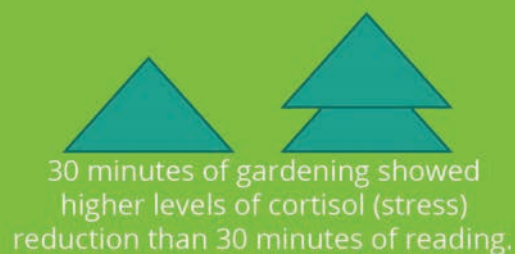
Civic
Engagement

COMMUNITY GARDENS ARE EXCELLENT AT IMPROVING WELL-BEING:



is equal to a

5 year
reduction
in age



Community gardens absorb carbon
dioxide, reduce pollution, and decrease
emissions from food transportation.



Green vegetation from
community gardens
(and trees, parks)
reflects 20-25% of
radiation from the sun,
helping to ease heat
island effects and keep
cities cooler.

The HGH Abernethy Farm



Memories of our lives, of our works
and our deeds will continue in others.

Rosa Parks



*I had to pick cotton all
day to earn money to buy
a pair of shoes.*
-Fred D Abernethy

Farming is hard, but the reward is great! The Abernethy Clan has farmed in Catawba County for more than 100 years. The picture below is what farms can produce. Carroll and Susan Abernethy make Sorgham every year. This is a tradition passed down from my Dad's family.



Carroll and Susan Abernethy

Cutting • Harvesting • Juicing (Crushing Mill) • Preparing the Fire • Cooking • Simmering • Skimming • Cooling • Packaging

Things To Do Before Planting!

On a farm, a plan is needed for fertilizer, nitrogen management and seed selection long before you head to the field in the spring.

When tractors start to roll in the spring, the goal is to get tillage and planting done as quickly, efficiently and accurately as possible. Success has a lot to do with the planning that happens before.

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Do You Know What Is In This Field?

You will see many fields like this on NC 16. Jackie Lemmond's family have been harvesting this on my family's property for many years. This plant is very cheap source of protein for animal feeds and many packaged meals. In late September, the plant begins to mature. As the days get shorter and the temperatures get cooler, the leaves on the plants begin to turn yellow. By mid-October and November, the leaves will turn brown and fall off, exposing the matured pods of the plant. The field will be ready to be harvested. Go to last page to get the answer.

.....



Fred D Abernethy
Army

Marcus Miller
Navy
HGH Founder

Joe Long
Marines
HGH Vounteer



My Dad's favorite time of the year!



When we Harvested the Potatoes this year we found one shaped like a Heart! *Trust in God with all your Heart! Proverbs 3:5.* Hickory Greenway Harvest trusted, and we continue to receive many blessing with our Gardens, Volunteers, Friends, Donations and Prayers. Thank You Dad (Fred D Abernethy) for inspiring us every day to continue giving to the community!

Our Next Generation Of Leaders And Volunteers



Thank
you!





What's Coming In 2019

SPRING 2019

How Can You Help? Volunteer or Donate

Garden Beds for Residents - Partnering with Habitat for Humanity

Veterans Farm - Partnering with Raising Roots Farm





HGH adoption month was in September and October. We had Itsy Bitsy Kittens, Kittens, Cats, Glamkats and Special Pumpkins. Thanks to everyone adopting our special family members.



Devine Farms is helping us sell our 4 x 4 Snowmen and other crafts for HGH fundraiser. Thanks Susie!



HGH Compost All Their Gardens

Michael Willard helped compost the SALT Block Garden waste this summer. The HGH team also composts at the Soup Kitchen and HGH Abernethy Farm. Check out this infographic about compost.



Why is composting so important?

It provides many essential nutrients for plant growth and therefore is often used as fertilizer. Compost also improves soil structure so that soil can easily hold the optimal amount of moisture, nutrients and air.

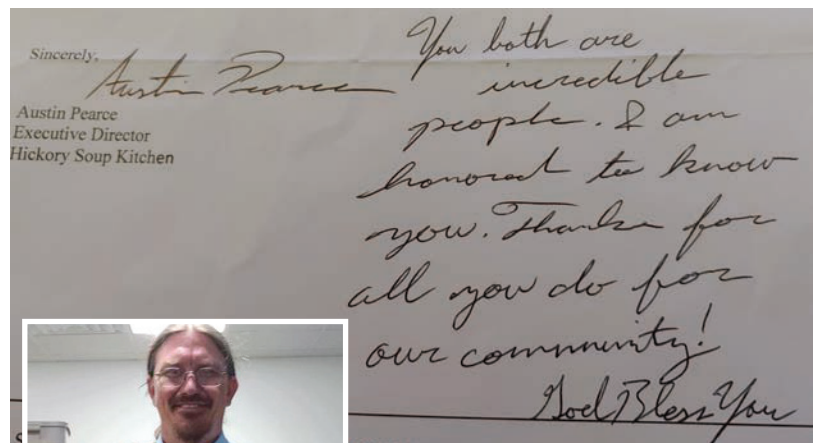


Michael Willard and his home compost pile.

Soup Kitchen



We had a wonderful planting year at the HGH Abernethy Farm, DSS, Soup Kitchen, SALT Block and Safe Harbor.



Austin Pearce



SO GOD MADE A FARMER

And on the 8th day, God looked down on his planned paradise and said, "I need a caretaker"

-- so God made a Farmer.

God said, "I need somebody willing to get up before dawn, milk cows, work all day in the fields, milk cows again, eat supper, then go to town and stay past midnight at a meeting of the school board"

-- so God made a Farmer.

"I need somebody with arms strong enough to rustle a calf and yet gentle enough to deliver his own grandchild; somebody to call hogs, tame cantankerous machinery, come home hungry, have to wait lunch until his wife's done feeding visiting ladies, then tell the ladies to be sure and come back real soon -- and mean it"

-- so God made a Farmer.

God said, "I need somebody willing to sit up all night with a newborn colt, and watch it die, then dry his eyes and say, 'Maybe next year.' I need somebody who can shape an ax handle from a persimmon sprout, shoe a horse with a hunk of car tire, who can make harness out of haywire, feed sacks and shoe scraps; who, planting time and harvest season, will finish his forty-hour week by Tuesday noon, and then pain'n from tractor back,' put in another seventy-two hours"

-- so God made a Farmer.

God had to have somebody willing to ride the ruts at double speed to get the hay in ahead of the rain clouds, and yet stop in mid-field and race to help when he sees the first smoke from a neighbor's place

-- so God made a Farmer.

God said, "I need somebody strong enough to clear trees and heave bales, yet gentle enough to tame lambs and wean pigs and tend the pink-combed pullets, who will stop his mower for an hour to splint the broken leg of a meadow lark."

It had to be somebody who'd plow deep and straight and not cut corners; somebody to seed, weed, feed, breed and rake and disc and plow and plant and tie the fleece and strain the milk and replenish the self-feeder and finish a hard week's work with a five-mile drive to church; somebody who would bale a family together with the soft strong bonds of sharing, who would laugh, and then sigh, and then reply, with smiling eyes, when his son says that he wants to spend his life "doing what dad does"

-- so God made a Farmer.
By Paul Harvey



So God Made a Farmer's Wife

Written by Sierra Shea ~ Inspired by Paul Harvey

And on the 9th day, God looked down on his planned paradise and said,
"Oh dear, the farmer is going to need help."
So God made a farmer's wife.

God said, "I need somebody who will get up before dawn, make breakfast,
work all day in the kitchen, bank, school or alongside her farmer
and then come home to fix supper and wash up the dishes."
So God made a farmer's wife.

God said, "I need somebody willing to sit up all night with their
newborn son. And watch him grow.

Then, pray each morning and teach her children to say
'please and thank you.'

I need somebody who can make a fried-egg sandwich,
stretch a paycheck or thicken soup,
who can clean her house with vinegar, baking soda and hot water.

And who, planting time and harvest season,
will finish her forty-hour week on Friday, then, join her farmer in the field
for another two days, six meals and five loads of laundry."
So God made a farmer's wife.

God had to have somebody willing to work in town for "the insurance,"
to care for the calves, sheep and hens during harvest and spend her
weekends working to get the hay in at double speed ahead of the rain clouds.
And, keep working at it alone, when the farmer goes off to help the neighbor
when she sees first the first smoke.
So God made a farmer's wife.

God said, "I need somebody strong enough to plant trees
and heave bales, to co-sign a loan for a half a million with steady hands,
yet gentle enough to tame show lambs and raise kids and
calm the farmer when he's upset over higher rent or lower corn,
who will stop her work for an hour to talk on the phone
to her neighbor who just found out her mother is sick.

It had to be somebody who would cook and clean and not cut corners.
Somebody to wash, dry, iron, tidy, feed, rake, water, drive, pick-up this,
run that back and check the homework and pack the lunch bags
and remember the basketball schedule
and replenish the refrigerator
and finish a hard week's work with a five-mile ride to church.

"Somebody who'd sew a family together
with the soft strong stitches of sharing,
who would laugh and then sigh and then reply, with smiling eyes,
when her daughter says she wants to spend her life "doing what mom does."
So God made a farmer's wife.

Story by Michael Willard

Garden memories powered with Green

With a key turn and the familiar scr-scr-screech of the starter, a two-car basement explodes in the unmistakable sound of John Deere. The Model 110 garden tractor – even when silent – ignites adventure in a hard yellow seat. It isn't pretty – except for the color – and it isn't especially new, but the tractor gets the job done.

“This thing is a hunk of junk,” ignorance chimes in while observing the dings, dirt and signs of use since its 1970 brand new date.

“This hunk of junk has been working longer than you’ve been alive,” chides the wrench-wielder.

Saturday mornings begin with John making laps around the “back 40” where grass grows thick and tall around a scattering of trees – peach, apple and pear. The child passenger’s first tractor rides are astride daddy’s knee. Circle after circle, the circumference gets smaller. A hard rubber belt turns razor sharp cuts. A big yellow deck warns of horror in decal images. NO BARE FEET! Running alongside the machine’s big back wheels, the family dog’s panting smile signals his joy snapping at grasshoppers sent skyward by the weekly ritual.

John mows everything except the big dirt quilt that unfolds new crops season after season.

“Get the wagon and bring those flats of tomatoes and the shovel,” the gardener calls from the day’s work well under way.

Still small enough to ride, but big enough to help, the child races from his perch to the parking place of the tractor’s two-wheeled companion. A linchpin awaits tiny fingers that wrench it free and guide a crude coupler toward the approaching hitch expertly placed by a backing driver. Secured, the trailer tongue becomes a surfboard powered along a trail winding through leaf waves of sweetgum, oak and dogwood.



The 1970 John Deere 110 has long since retired, but the seasoned driver still uses the same old wagon to pull a new generation of precious cargo.

A ride through the apple aroma of trillium ends at a patio staging space for the next generation of the flood plain garden. Plastic crates filled with newspaper cups sprout seedlings of tomato, eggplant and bell pepper. Leaving behind the basement’s fluorescent grow lights, the new starts stack gently into the sheet metal wagon alongside fertilizer, shovels, stakes, steel wire and twine. A brown paper bag brims with packets of seeds meant to be poked into squash and melon mounds, carefully dropped in long-running bean rows or spread carefully across a future carpet of spinach and lettuce.

Following the same routine that dragged the plow and harrow across the garden patch, John travels back and forth, pulling his weight 500 feet from house to garden and back again. Never stopping, only stalling for an octane drink. This trip hauls wagons of leaves and pine straw from the front lawn to the mulch pile, short-legged hitchhikers jumping aboard before, during and after wheels start rolling. The next trip, industrial-size containers ferry water to plants left thirsty by summer’s dog days, a bucket brigade highlighted by hose fights and screams. Long afternoons of work end with a final leg home hauling fresh fruit, vegetables and the day’s most precious cargo, sun-kissed, creek-soaked and fast-to-sleep after suppertime.

“Daddy when will I be big enough to drive the tractor?”



Congratulations!



Congratulations to Michele Long, Joe Long and Renee Abernethy-Miller for successfully completing the 2018 Advanced Gardener Program. They were Awarded the Title of Certified Advanced Gardener (Level 1) Certification.
Pictured Joe, Michele, Dr. George Place and Renee.



Susie Devine won the 4 x 4 Snowman. Drawing was held at the Holiday Conover Farmers Market.

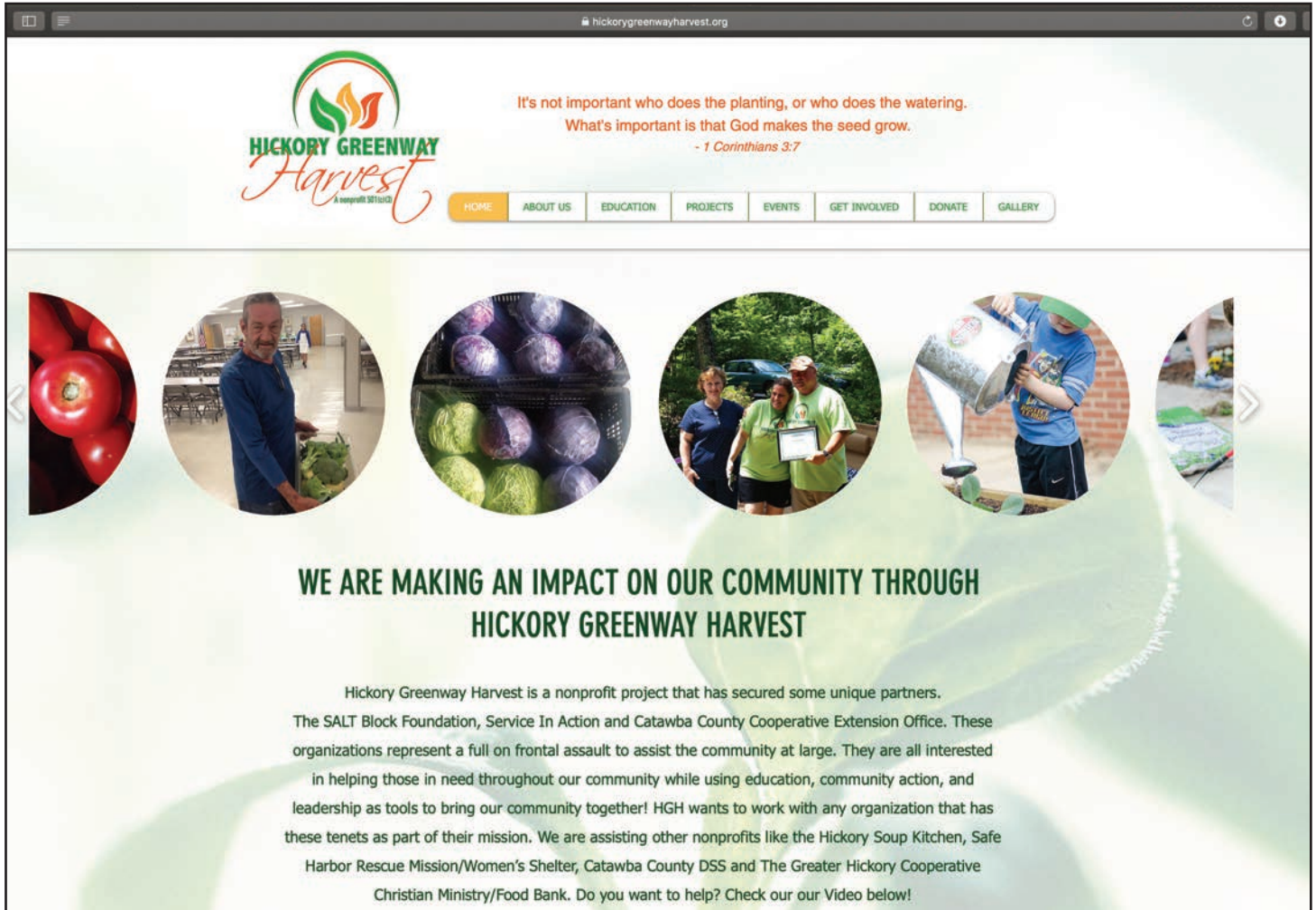


**Rita Purvis –
 Assistant Director of Career
 and Community Relations
 Lenoir-Rhyne University**

Congratulations! Rita won the HGH Gift Basket.

Check Out Our Website

www.hickorygreenwayharvest.org



Marcus Miller - Founder, President
Michele Long - Vice President and Treasurer
Michael Willard - Director of Public Relations
Renee Miller - Co-Founder and Director of Marketing
Kathy Tiffie - Secretary

MISSION

Our mission is to utilize gardening as a conduit for engaging the community with charitable giving, community organization, educational outreach, therapeutic facilitation and leadership development.