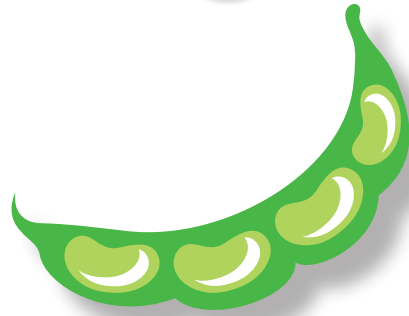


What can a garden grow?



green beans

Green beans are the unripe, young fruit and protective pods of various examples of the common bean. Immature or young pods of the runner bean, yardlong bean, and hyacinth bean are used in a similar way. Green beans are known by many common names, including French beans, string beans, snap beans, and snaps. The beans growing here are commonly referred to as tenderettes, a bush bean variety.

They are distinguished from the many differing varieties of beans in that green beans are harvested and consumed with their enclosing pods, typically before the seeds inside have fully matured. This practice is similar to the harvesting of unripe pea pods as snow peas or sugar snap peas. For more info: https://en.wikipedia.org/wiki/Green_bean.

How to grow Green Beans?

Plant bush beans for a reliable, easy harvest. The 2 basic green bean varieties are bush beans and pole beans. The bushes of bush beans spread out along the ground, and only grow to about 1-2 feet high. While bush beans only tend to produce a single harvest during a growing season, they are relatively easy to grow and don't require much tending.

Bush beans spread out horizontally while pole beans need to climb vertically. Bush beans do not need any sort of support in the garden, while pole beans require a trellis to climb. Recommended bush varieties for most regions include Tenderette, Bush Blue Lake, and Bountiful. For more info: <https://www.wikihow.com/Grow-Green-Beans>.

How to cook Lettuce?

Green beans do not need to be boring. You can have them a different way every night and never get tired of them. Or use one of these recipes to dress up the leftovers as my granny did.

For 20 ways to cook Green Beans go to:

<https://www.healthyseasonalrecipes.com/25-healthy-green-bean-recipes/>.

